

## **Afraid of Public Speaking?? No Problem!**

MANCHESTER - Do you break out in a sweat just thinking about speaking at a business meeting, class or even a large family gathering? If so, the Nackey S. Loeb School of Communications is looking for you!

The school is presenting a day-long workshop, "Public Speaking and Professional Presentations," on Sept. 17.

Taught by Southern New Hampshire University Professor Andrea Bard, the workshop offers instruction on delivering professional, confident and well-articulated presentations. Students give several presentations through the day and receive constructive feedback.

"Speaking in front of a group is terrifying for many people," said David Tirrell-Wysocki, executive director of the non-profit school. "Our workshop offers participants of all ages the hands-on guidance and practice in front of a friendly audience that they need to help overcome the fear and gain the confidence to deliver their message."

The course is designed for beginners, or those who are looking for tips to improve their public speaking skills.

With more than 20 years of experience as a teacher and trainer, Andrea Bard has developed and presented training programs and workshops on topics including organizational communication, professional presentations, meeting planning, interviewing skills and job search techniques.

The workshop, from 9 a.m. to 3 p.m., has limited enrollment to ensure the maximum amount of speaking time and feedback per student. The \$40 fee includes lunch.

For more details and to register, see [www.loebschool.org](http://www.loebschool.org) or call 627-0005.